Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan 2026-2027

School Name & Location Number:	**Miami Killian Senior High School/7361**
Principal:	**Mr. Jorge Parra**
Phone Number:	**305-271-3311**
School Wellness/Healthy School Team Leader:	**Randy Mojica**
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	**Randy Mojica** **Shea Polakow** **Monica Schmid** **Crystal Jenkins**
Committee Meeting Dates (list at least 4):	**10/27/26; 12/15/26; 2/23/26; 4/27/26**
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☐Nutrition ☒Physical Education ☒Physical Activity ☒Health and Nutrition Literacy ☐Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	**Nutrition: N/A** **Physical Education: Students will participate in the Presential Fitness Test – FitnessGram.** **Physical Activity: Students in dance class will participate in Fitness Through Play: Introducing inclusive, enjoyable activities like dance, yoga, or cooperative games so all students feel successful.** **Students in Anatomy and Physiology will utilize the new fitness room with exercise equipment to promote physical activity.**

	Health and Nutrition Literacy: **Students in physical education courses will complete the EVERFI courses for Health Literacy and Fitness and Wellness to obtain specific certifications tied to the courses.** **Preventive Healthcare: N/A**
Sustainability Practices:	**As a team, we will:** ✓ **Maintain and regularly update the fitness room and equipment to support ongoing student and staff physical activity opportunities.** ✓ **Continue annual participation in FitnessGram and EVERFI certification programs to promote continuous health education.** ✓ **Incorporate wellness activities into school traditions, monthly events, and classroom practices to create a culture of health and well-being.**
Community Engagement:	**As a team we will:** ✓ **Partner with Pinecrest Physical Therapy to provide health education, wellness resources, and guest speakers.** ✓ **Encourage family participation in school-wide physical activity challenges and wellness events.**
Monitoring and Evaluation:	As a team, we will: ✓ **Analyze FitnessGram assessment data annually to measure student fitness growth and identify areas for improvement.** ✓ **Monitor student completion rates and certifications earned through EVERFI Health Literacy and Fitness & Wellness courses.** ✓ **Meet bi-monthly to review wellness goals and make adjustments that strengthen program impact and increase participation.** ✓ **Report progress and outcomes to school stakeholders during EESAC meeting to ensure accountability and continuous improvement.**
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	**N/A**